

Graduate Certificate in Logotherapy and Existential Analysis



Graduate Theological Foundation

Accredited by the International Association of Logotherapy and Existential Analysis

Program Description

- Graduate Certificate Program (5 Courses - 30 Modules - 15 Credits)
- “Concentration in LTEA” for the Graduate Programs of GTF
- Masters and Doctorate Programs of GTF
- Five Courses with Six Modules each:
 - I. Introduction and Historical Overview of Viktor E. Frankl’s Logotherapy and Existential Analysis
 - II. Anthropological Basis of Logotherapy and Existential Analysis
 - III. Existential Conceptualization in Logotherapy and Existential Analysis
 - IV. Logotherapy and Existential Analysis - Interventions
 - V. Evidence-based Logotherapy and Existential Analysis for Well-being

Program Objectives

- To familiarize students with the historical context within which LTEA was conceptualized
- Outline the basic principles and tenets of LTEA
- Present LTEA's view of the person that is the basis of therapeutic interventions
- Illustrate the use of LTEA's methods with clinical examples
- Highlight research results on the application of meaning-centered principles
- Enhance discernment about when LTEA is a method of choice, and when it can complement other treatment interventions
- Foster the development of one's competence in applying LTEA's principles and methods in one's own area of practice

Required Readings for the Program

- Fabry, J. (2013). *The Pursuit of Meaning: Viktor Frankl, Logotherapy, and Life*. Charlottesville, VA: Purpose Research.
- Fabry, J. (2021). *Guideposts to Meaning.: Discovering What Really Matters*. Charlottesville, VA: Purpose Research.
- Frankl, V. E. (2000). *Recollections: An autobiography*. New York, NY: Basic Books
- Frankl, V. E. (2000). *Man's Search for Ultimate Meaning*. New York, NY: Basic Books.
- Frankl, V. E. (2014). *Man's Search for Meaning*. Boston, MA: Beacon Press.
- Frankl, V. E. (2014). *The Will to Meaning: Foundations and Applications of Logotherapy*. New York: Plume.
- Frankl, V. E. (2019). *The Doctor and the Soul: From Psychotherapy to Logotherapy*. New York, NY: Vintage Books.
- Frankl, V. E. (2019). *Yes to Life: In Spite of Everything*. Boston, MA: Beacon Press.
- Frankl, V. E. (2024). *Embracing Hope: On Freedom, Responsibility and the Meaning of Life*. Boston, MA: Beacon Press.
- Lukas, E. (2014). *Maning in Suffering: Comfort in Crisis through Logotherapy*. Charlottesville, VA: Purpose Research.
- Lukas, E. (2015). *The Therapist and the Soul: From Fate to Freedom*. Charlottesville, VA: Purpose Research.
- Lukas, E. (2019). *Meaningful Living: Introduction to Logotherapy Theory and Practice*. Charlottesville, VA: Purpose Research.
- Marshall, M. & Marshall, E. (2023). *Viktor E. Frankl's Logotherapy and Existential Analysis: Theory and Practice*. Ottawa, ON: Ottawa Institute of Logotherapy.

Required Videos

- Over 20 hours of videotaped lectures are offered as part of this program
- Produced by the Ottawa Institute of Logotherapy (2025)
- Contain presentations, workshops, didactic exercises
- Intended to further knowledge and understanding of concepts and their practical applications
- The links to the videos are sent to the students as they progress through the program
- The videos are copyrighted by the Ottawa Institute of Logotherapy
- The videos cannot be copied or distributed without the permission from the Ottawa Institute of Logotherapy

Required Tutorials

- A 30-minute tutorial videoconference is mandatory for each Module of the Courses
- Total of 15 hours for the Program
- The purpose of tutorials is to clarify concepts and personalize learning to the needs of students
- Can be offered in English, French or Spanish

Required Written Assignments

- One Essay of 500-1000 words per Module
- One Final Essay of 3000 words per Course
- The essays are required to follow the APA citation guidelines
- Can be written in English, French or Spanish
- These Essays are intended:
 - To help students reflect on the readings and deepen their understanding
 - To evaluate students' comprehension of the material
 - To prepare students to write their Masters or Doctorate Theses

GTF Faculty

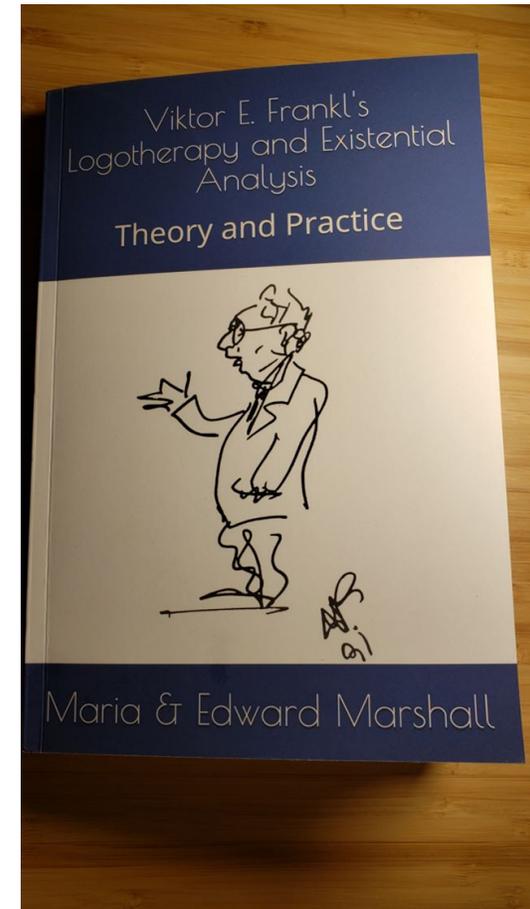


- Professor Maria Marshall, PhD, RP, Diplomate Clinician, Mignon G. Eisenberg Professor of Logotherapy
- Professor Edward Marshall, MD, PhD, RP, Diplomate Clinician in Logotherapy, Viktor E. Frankl Professor of Psychotherapy and Spirituality
- Authors of 17 books and several peer reviewed articles on Logotherapy and Existential Analysis
- Founders of the Ottawa Institute of Logotherapy



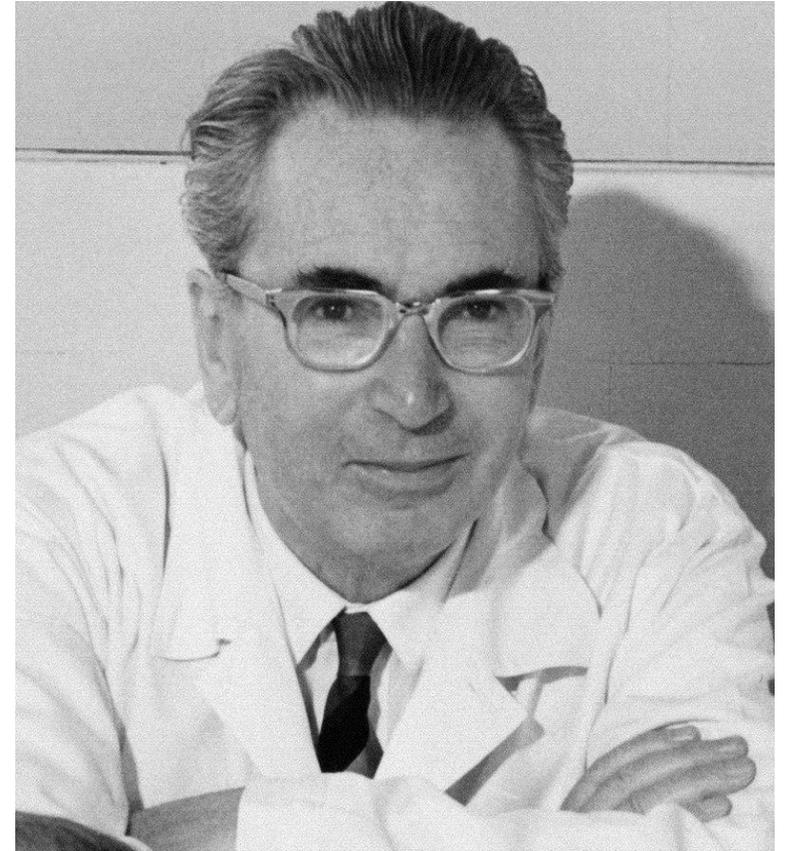
Textbook for the Program

- Viktor E. Frankl's Logotherapy and Existential Analysis: Theory and Practice (2023)
- Available in English, French, and Spanish Editions



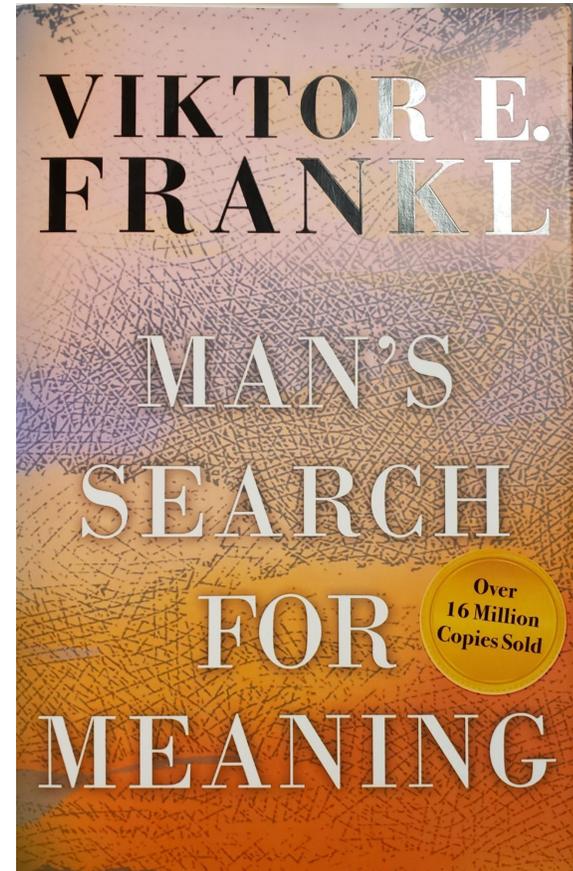
The Founder of LTEA

- Prof. Viktor E. Frankl, MD, PhD (1905-1997), Austrian neurologist, psychiatrist, survivor of the holocaust
- Was head of the Vienna Polyclinic Hospital from 1946 until 1970
- Professor at the University of Vienna
- Authored 40 books, translated to 50 languages
- Taught at 209 universities, and active until the year before his death
- Held 29 Honorary Doctorates
- Twice nominated for the Nobel Peace Prize
- Work carried on by Institutes of Logotherapy that are accredited by the Viktor Frankl Institute, Vienna



Viktor E Frankl's Books Available in English

- Man's Search for Meaning (since 1959)
- The Will to Meaning
- The Doctor and the Soul
- The Unheard Cry for Meaning
- The Unconscious God
- Psychotherapy and Existentialism
- Recollections
- Man's Search for Ultimate Meaning
- On the Theory and Therapy of Mental Disorders
- The Feeling of Meaninglessness
- Yes to Life: In Spite of Everything
- Embracing Hope: On Freedom, Responsibility and the Meaning of Life



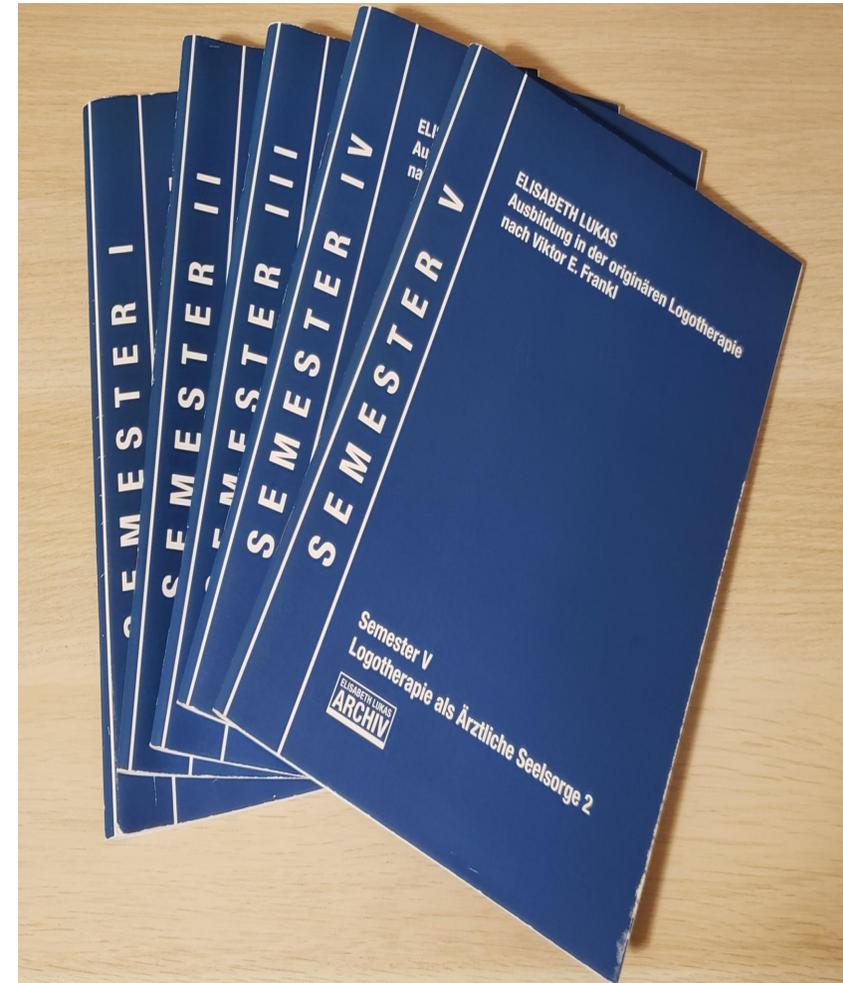
Professor Elisabeth Lukas, PhD



- South German Institute of Logotherapy (1986-2003)
- Author of 40 + books on Logotherapy
- Books available in English:
 - Logotherapy Textbook
 - Meaning-Centered Psychotherapy
 - Logotherapy: Principles and Methods
 - Psychotherapy with Dignity
 - Meaning in Suffering
 - Stillness and Concentration
 - Meaningful Renunciation

Curriculum of Prof. Dr. Elisabeth Lukas

- Elisabeth Lukas Archives (2013)
- Five semesters
- Only available in German
- Endorsed by the Viktor Frankl Institute Vienna
- The GTF Graduate Certificate in LTEA covers the content of this curriculum, enriched with further international literature and up-to-date research findings



Professor Alexander Batthyány, PhD

- Director of the International Association of Logotherapy and Existential Analysis (IALEA) at the Viktor Frankl Institute, Vienna
- Editor of the Complete Works of Viktor E. Frankl
- Editor of Proceedings of the Viktor Frankl Institute Vienna
- The IALEA offers membership and accreditation to individuals who complete the GTF Graduate Certificate in LTEA



Join Our Community!

- LTEA's principles and methods can be applied across different professions
- Trans-culturally
- Trans-nationally
- To register, please contact:
GTF
<https://gtfeducation.org/>

